

Studying & Preparing		Completing Assignments	
	Online Courses	Exams	
Visual (V)	<ul style="list-style-type: none"> • Change text-based notes to diagrams, pictures, charts, etc. • Create charts or graphs for difficult content • Practice explaining your visuals using only words (spoken or written) • Highlight important pieces in your notes or textbook • Create flashcards 	<ul style="list-style-type: none"> • Write exam answers • Use diagrams to answer exams questions if your instructor will allow it • Highlight important content in your notes or textbook • Create charts or graphs for difficult content 	<ul style="list-style-type: none"> • Use visual depictions for completing assignments if your instructor will allow it • Use mind maps, diagrams, charts, etc. to complete assignments or as part of assignments, if possible
Aural (A)	<ul style="list-style-type: none"> • Read notes out loud • Recite important information • Explain or discuss course content to another person • Create audio recordings of notes and lectures • Listen to audio recordings often, includes audio textbooks • Study with others 	<ul style="list-style-type: none"> • Practice speaking exam answers out loud • Study with a partner or small group in a setting where exam questions/answers can be discussed aloud • Listen to your own voice as you answer questions • Opt for an oral exam, if allowed 	<ul style="list-style-type: none"> • Use audio recordings for completing assignments when possible or ask the instructor for permission to do so
Read/Write (R)	<ul style="list-style-type: none"> • Rewrite lecture notes over and over • Read notes silently over and over • Put ideas/concepts into different words • Translate diagrams, charts, images into text 	<ul style="list-style-type: none"> • Write out potential exam answers • Practice creating and taking exams • Organize your notes into lists or bullets 	<ul style="list-style-type: none"> • Use written text whenever possible for completing assignments
Kinesthetic (K)	<ul style="list-style-type: none"> • Move around as you read or study • Record notes and listen while exercising • Create hands-on learning activities using models, field trips, or talking with professionals in that field 	<ul style="list-style-type: none"> • Role-play exam situation • Use examples in your answers • Give yourself practice tests 	<ul style="list-style-type: none"> • Use interactive or moving objects where possible • Check with your instructor about creating PowerPoint/Prezi presentations or videos to complete an assignment